

Welcome to The Center

The Center is a day habilitation and vocational program for adults with intellectual disabilities. It has had many transformations over the last 40 years. Once a workshop and classroom setting, the program is now one where members may seek employment in an enclave setting (community employment) and or attend one of our day habilitation programs. Depending on which program or programs you may choose, each has a different focus which is geared to meet your needs.

The overall purpose of The Center's programs is to participate in community integration, to increase independence, to promote development of personal skills, to enhance self-awareness, and to encourage and foster socialization and positive relationships with others. Although each program may differ in its specific purpose, each program incorporates the above characteristics.

The Center is a nationally accredited program through the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF is a national accreditation body that surveys agencies to ensure they meet certain standards of excellence. The Center received a three-year accreditation again for 2018. This affords us the opportunity to create a wide range of quality programming.

The Center has several partnerships in the Ames community. Through our volunteer opportunities within our day habilitation program and our employment program at the enclaves, we have been able to provide several new opportunities to the members we serve. A few groups we volunteer with include: the Animal Rescue League, Food at First, the Ames Public Library and several local nursing homes. We also offer paid employment opportunities with DanFoss and Hach through our enclave program. The enclaves have been a wonderful support system to the members who are contracted to work in their businesses and have truly incorporated each member into their workplace cultures.

We hope that you will feel at ease as you meet the staff, team members, and members in our programs. As a new member of The Center, we encourage your questions and suggestions. Ideas lead to change and we constantly strive to be a program that will work for and with you. Again, welcome to The Center!

Mission

To enhance opportunities, create success and fulfill dreams.

Vision

To be the agency of choice for member services
To be the premier human services employer

Values

- Integrity
- Innovation
- Collaboration
- Accountability
- Respect
- Empowerment

The Center's Programs

Day habilitation

Basic Principles:

- Focuses on community integration, volunteerism and socialization
- Activities and participation are based on choice - you choose what activities you are interested in and where you would like to visit. Staff assists in supplementing those ideas and a monthly calendar is given to each member

Requirements:

- Be in need of a program due to an intellectual disability related diagnosis
- Meet minimum age requirements of 18 years of age
- Demonstrate a stabilized medical condition and be certified as free from communicable disease as stated by a licensed physician
- Able to access appropriate funding sources
- The ability to be supported in an environment with staff to member ratios of one to six
- Show evidence of some emotional stability so as not to adversely affect the individual's functioning or the functioning of others in the program
- Show evidence of ability to handle personal cares ie: toileting. There may be some exceptions in limited capacities (due to ratios)
- To be active in the community by participating in community based activities at least weekly

Ratios:

- One Activity Coordinator to five to six members

Program Hours:

- This program runs Monday through Friday during the following times:
 - 9a-3p

Location:

- This program is based out of the main Center location; however, many of the activities and volunteer tasks take place in the community.
- 1200 McCormick Ave Ames, IA 50010

Suggested Activity Fee:

- If attending programming one to three days per week - \$10
- If attending programming four to five days per week - \$15
- Activity money is due on the 5th of each month. Notes will not be sent home as this is a reoccurring need. Notices will be sent home if payment is overdue.
- Activity fees will help cover activities, outings, crafts, activity items (games), special guests, groups that visit Center, etc
- If you are participating in multiple day habilitation programs, Center staff will divide the activity fee based on how many days you attend each program. You will only need to pay for activities once a month, again, based on how many days you attend all Center programming combined.

Supplies:

- If you need any personal supplies such as depends or extra clothes, we are able to store any extra supplies either in your locker or if you need a larger supply, in our changing room.

Medications:

- We can store and dose medications. We ask for medications to be accurately labeled with the pharmacy labels. We also need to have written orders on any medications to be dosed (including PRNs and over the counters). Your doctor or pharmacist may fax these orders directly to us – fax number – 515-232-8448.
- If you have a temporary medication, such as an antibiotic, and you would like us to dose this medication, we will need orders from your physician to do so.

Lunch:

- Scheduled for 12:00p (this may vary slightly depending on activities). Each member is to bring their own lunch (unless otherwise noted on the activity calendar). Also, if the activity calendar notes that a cold lunch (something that does not need to be heated) is needed for an activity, please be sure to plan accordingly if you would like to participate in that activity. We highly encourage all members to bring a cold lunch so all have the opportunity to be active in the community.
- Please be sure to let us know if there are any special instructions ie: food needs to be in small bites, fluid limitations, etc

- Although it's nice to want to share food with your friends, we ask that you only bring enough food for yourself. A lot of people have allergies or special diets and it may be hard for your peers to eat what they are supposed to if you offer additional food.

What does a Typical Day Look Like?

- 9:00a-9:20a – Arrival, socializing with peers
- 9:20a – Choose activities
 - There are multiple options of activities depending on how many members are in your session. Activities may be in the community or in the building. Table numbers are selected randomly. When your table is called, staff will assist you in selecting an activity of your choice. Once an activity is full, it will no longer be an option and you will need to select another activity. Once activities are selected for the morning (or all day if it's an all-day outing), your staff will assist you to get you where you need to be.
- 12:00 p – lunch
 - This may vary depending on the activities you may choose
- 12:45p – After lunch clean-up/choose activities for the afternoon
 - There are several options to choose from. Once activities are selected for the afternoon, your staff will assist you to get you where you need to be.
- 2:45p – All need to return from activities to prepare for dismissal
- 3:00p – Dismiss for the day

ACE

Basic Principles:

- Focuses on community integration, volunteerism, advocacy and skill development
- Helps to increase independence for adults who already display a higher level of independence in their lives.

Requirements:

- Be in need of a program due to an intellectual disability related diagnosis
- Meet minimum age requirements of 18 years of age
- Demonstrate a stabilized medical condition and be certified as free from communicable disease as stated by a licensed physician
- Able to access appropriate funding sources

- The ability to be supported in an environment with staff to member ratios of one to seven
- Show evidence of emotional stability so as not to adversely affect the individual's functioning or the functioning of others in the program
- Show evidence of maturity and an interest in increasing skills and independence
- Working on goals to become more independent in the community
- To be active in the community by participating in community based activities at least weekly

Ratios:

- One Activity Coordinator to six or seven members

Program Hours:

- This program runs Monday through Friday during the following times:
 - 9a-3p
- Some weekend and evening events
- If you want to attend a half-day session, arrival and dismissal times may fluctuate depending on what your needs are. Some members may have other volunteer opportunities outside of ACE, jobs, etc. If you need to have a varying schedule, you may talk to your staff at ACE about how you can make your schedule work for you.

Location:

- This program is based out of the main Center location; however, many of the activities and volunteer tasks take place in the community.
- 1200 McCormick Ave Ames, IA 50010

Suggested Activity Fee:

- If attending programming one to three days per week - \$10
- If attending programming four to five days per week - \$15
- Activity money is due on the 5th of each month. Notes will not be sent home as this is a reoccurring need. Notices will be sent home if payment is overdue.
- Activity fees will help cover activities, outings, crafts, activity items (games), special guests, groups that visit the program, etc
- If you are participating in multiple day habilitation programs, Center staff will divide the activity fee based on how many days you attend each program. You will only need to pay for activities once a month, again, based on how many days you attend all Center programming combined.

Supplies:

- If you need personal supplies, you may carry/bring those to the program each day. There will not be a locker or place to store your personal items besides a coat rack.

Medications:

- We can store and dose medications. We ask for medications to be accurately labeled with the pharmacy labels. We also need to have written orders on any medications to be dosed (including PRNs and over the counters). Your doctor or pharmacist may fax these orders directly to us – fax number – 515-232-8448.
- If you have a temporary medication, such as an antibiotic, and you would like us to dose this medication, we will need orders from your physician to do so.

Lunch:

- Scheduled for 11:30a (this may vary slightly depending on activities). Each member is to bring their own lunch (unless otherwise noted on the activity calendar). Also, if the activity calendar notes that a cold lunch (something that does not need to be heated) is needed for an activity, please be sure to plan accordingly if you would like to participate in that activity. We highly encourage all members to bring a cold lunch so all have the opportunity to be active in the community.
- Please be sure to let us know if there are any special instructions ie: food needs to be in small bites, fluid limitations, etc
- Although it's nice to want to share food with your friends, we ask that you only bring enough food for yourself. A lot of people have allergies or special diets and it may be hard for your peers to eat what they are supposed to if you offer additional food.

What does a Typical Day Look Like?

- The ACE day may vary depending on what the interests of the members are.
- Since this will be more of a self-guided program with staff support, the schedule may vary from day to day as some members may attend partial days or full days. Members also have daily choice on which activities they choose to participate in.
 - 9:00a-9:15a – Arrival, socializing with peers
 - 9:15a-9:30a – Program starts
 - Morning announcements
 - Current events/Discussion
 - Discuss schedule for the day - members choose activities

- 9:30a-11:30a – Morning session
- ~11:30a-12:00p – lunch
 - This may vary depending on the activities you may choose
- 12:30p-12:45p –Kitchen clean-up, free time
- 12:45p-2:45p – Afternoon session
- 2:45-3p – Clean-up/wrap-up
- 3p - Dismissal

Enclaves

Basic Principles:

- Builds skills such as accountability, arriving to work on time, completing work accurately and at a moderate level or higher, and respecting co-workers and supervisors
- Prepares members for job placement in a community, non-enclave setting
- Provides purpose and pride

Requirements:

- Be in need of a program due to an intellectual disability related diagnosis
- Meet minimum age requirements of 18 years of age
- Demonstrate a stabilized medical condition and be certified as free from communicable disease as stated by a licensed physician
- The ability to access appropriate funding sources
- The ability to be supported in an environment with staff to member ratios of one to eight
- Show evidence of some emotional stability so as not to adversely affect the individual's functioning or the functioning of others in the program
- Show evidence of ability to handle personal cares ie: toileting
- Be able to get to the work site unsupervised (from the main entrance to the designated work space)
- Attend the enclave with low absences
- The ability to respect and follow the company's rules as provided by Hach or DanFoss

Ratios:

- One Enclave Supervisor to six members (depending on the needs of the workplace)

Program Hours:

- This program runs Monday through Friday during the following times:

- Full day program
 - DanFoss on 13th Street:
 - 9:00a-3:00p
 - Hach:
 - 9:00a-3:00p
- To begin, you may be given two days a week to work. If there are further openings and if you are able to maintain a good level of productivity, you may be offered a third day per week.

Location:

- This program is based out of the two businesses listed above.
- DanFoss: 2800 E 13th St Ames, IA 50010
- Hach: 100 Dayton Ave Ames, IA 50010

Activity Fee:

- N/A (unless you are also participating in the day habilitation programming. See day habilitation activity fee section above).

Supplies:

- We ask that you carry any personal supplies needed with you. Please keep in mind that space is limited, so please limit how many bags you bring to one. There is not space to store personal items long term in some locations

Medications:

- You will be responsible for properly storing and dosing your medications. If you need assistance or have questions regarding this, you will need to contact your supervisor.

Lunch:

- Time may vary at each location depending on work schedules

Referral Process

If you are interested in any of the programs (or you are currently involved in one and you would like to participate in another), you will need to follow the below procedures:

New potential member to the Center's programs:

- You will need to contact the Program Director, Amber Schaefer, if you are interested in any of the two day habilitation programs.
- You will need to contact the Integration Coordinator, Steve Gehlsen, if you are interested in the enclave programs.
- Amber and or Steve will provide you with an application. We can also send it to your case manager to be filled out.
- A tour will be scheduled to learn more about the program and so we can start to get to know the individual interested in our programs (turning in an application and touring may be reversed)
- The referral committee, consisting of the Program Director, Integration Coordinator, Team Leader, and two Assistant Team Leaders will meet and determine if needs are able to be met and if programming is appropriate for the individual. Information to make such an assessment is gathered by meeting the member, family, case manager and any other stakeholders as well as obtaining social histories, assessments, case plans and lastly, seeing how the individual interacts with others and staff members while at the program.
- If a waiting list is in place, the team will work with you on a potential start date. Please note that the enclave wait list can often run as long as one to two years. The dayhab and Ace programs have limited additional space.

Existing member of a Center program:

- Contact your Integration Coordinator, Steve Gehlsen, Team Leader Sarah Kepner or the Program Director, Amber Schaefer, if you are interested in starting additional services or transferring. They will guide you through the process.

Admission Protocol**A wait list is maintained by program:**

The following criterion describes the process used to remove a person from the wait list by The Center's referral committee. Each applicant will be considered for each program using the following protocol.

1. While a wait list is maintained, individuals will be removed from the wait list using several criteria. Individuals are not removed from the wait list or admitted to the program based on longevity or referral date alone.
2. The referral committee will review the specific enclave and the current members being served at that location. The referral committee will determine if the

applicant is a good fit by a number of means including but not limited to the following: emotional stability, work skills/ability to stay on task (for the enclaves), ability to conduct some steps independently (for the enclaves), ability to get to the work area from the main entrance independently (for the enclaves), ability to be supported in a setting within the program's given ratios.

3. The person should have a primary diagnosis of Intellectual Disability. Individuals with this diagnosis meet the core purpose of our programs and we are best prepared to meet the needs of this population group. Individuals with a primary diagnosis in a mental health area will be considered on a case-by-case basis as this is not our main area of focus in our programs. Additionally, we are not as skilled in addressing the needs of this population group. However, we will continue to serve current members at our programs who may fall into this category, those with mental health needs, until our skill sets no longer meet the needs of the individual.
4. Individuals currently being served by a Mainstream Living residential program will receive preference over those individuals not currently enrolled in a Mainstream Living program.

Once an applicant has been accepted as a new member of the program:

1. A schedule will be determined with the member:
 - a. Enclaves: will be given one to two days (depending on available shifts) to start and the development of skills will be monitored.
 - i. The member must display the following skills consistently before being considered for additional hours/days. The member is consistently displaying skills including but not limited to: maintaining a consistent schedule (not calling in often), arriving to work on time, working well with co-workers and the enclave supervisors, and is completing some work tasks and demonstrating the ability to increase the rate of speed, accuracy and independence in completing tasks.
 - ii. Additional hours/days are also subject to availability of work and overall schedule constraints on Mainstream Living and the business.
 - b. Ace and Dayhab: will be given days that are available depending on program availability.

Funding/Fees:

- Center works with several different waivers:
 - ID (Intellectual Disability)

- BI (Brain Injury)
- HAB

- Center also can receive Regional/County Funding (there may be limited funds accessible for this and will be submitted by the member's case manager)
 - Receiving one of the above waivers/funding streams, the member will not have out of pocket expenses for services (except for the suggested activity fees, see above).

- Private Pay:
 - Some members may not qualify for waiver services for a number of reasons. If a member would like to attend and pay out of pocket for their services, they may do so. A service contract will need to be signed and discussed annually. Additionally, the rates will align with those who receive waiver services.

- Waiver Services/funding needs will be submitted to the case manager by Center supervisors. Funding will need to be approved and guardians will need to sign releases, verify any other questions/needs/information in order for Center's team members to give excellent services.

Upon starting programming:

- We will need a few things from you:
 - A complete list of medications you are currently taking, including PRNs and OTCs (we would share this information with medical providers if in the event of a medical emergency)
 - If you need assistance from staff to give medications, we will need instructions and doctors' orders prior to giving medications
 - If you have a history of seizures, we will need a specific seizure plan providing the best support in the event of a seizure
 - If you have diabetes or other medical needs which requires specialized instructions, we will also need a specific plan as to what we need to best support you.
 - Funding approved
 - A current case plan
 - Releases signed by a guardian

Once you have started programming:

- We will be in contact with you, guardians or specified individuals to update them on how programming is going for you.

- Within 30 days, we will have a formal meeting to check in and make sure the program is meeting your needs. You, residential staff, case managers, guardians, Center Team Leader, Integration Coordinator and or Program Director and any other stakeholder you would like to attend is invited to your meeting.
 - At this time, schedules will be solidified (sometimes, originally planned schedules may not always work for you and may need to be adjusted) and goals will be developed in your individual service plan

Fees for Services

- Rates for each of the programs will be determined annually. This is a process that involves Mainstream Living's financial department as well the region Center is found in – Central Iowa Community Services. Proposed rates are sent to the region annually and an approved rate will be given to Mainstream in the form of an annual contract.
- This contract will be good for one year and will reflect the rates that each program will bill for the fiscal year (July 1st-June 30th).
- All members will need to have secured funding (the Center supervisors will aid in securing correct units, etc with the case manager) that reflect the current contract.
- There may be a hold in services if funding cannot be secured.

Your Individual Service Plan

- Each year, you will have a meeting to establish goals that you would like to work on for the following year. Your Individualized Service Plan (ISP) is developed with your full participation and may include input from your case manager, guardians, residential staff, and Center team members. Since this is your meeting, your attendance is necessary.
- Your ISP is reviewed annually at your staffing (which you may hold at the Center, your home or any place within a reasonable distance of your choice. This is the time when you and your team will report on your progress on previous goals and activities and where new goals and supports will be established.
- This is also a good opportunity to discuss any changes you would like to see in your specific programming needs; however, this may be discussed at any time.
- Once goals and supports are created, the team will sign off on such goals and this will be implemented for the next year.

- If a goal or support is not working for you or is no longer applicable, you always have the right to meet with your team to determine new goals.

Your Rights

- You have the right to take part in and create your own plan.
- You have the right to participate in services that are appropriate and meaningful to you.
- You have the right to be free from unlawful discrimination based on race, color, creed, citizenship, national origin, sex, age, religion, intellectual or physical disability, sexual orientation and or political belief.
- You have the right to communicate by letter, telephone, in person, or by other means and to visit with and receive visitors.
- You have the right of choice to include movement, self-determination in activities and the right to refuse services.
- You have the right to be treated with courtesy and respect.
- You have the right to manage your own finances and possessions.
- You have the right to voice grievances and recommend changes in policies and services without restraint, interference, coercion, discrimination or reprisal.
- No one may touch any part of your body without your permission.
- You have the right to privacy.
- You have the right to have all of your records kept confidential and released only as provided by law or similar rules or regulations.
- No one can take away your rights because you are an individual with a disability.

Expectations

- You will treat others as you would like to be treated; respectfully and appropriately.
- When you arrive at any of the Center programs, be ready to start your day with a positive attitude.
- If you bring cell phones, I-pods, wallets, purses, etc, we are not responsible for the loss of your items. We encourage you to leave such items at home.
- Everyone needs to bring their own lunch.
- Wash your hands after you use the restroom.
- No weapons or drugs of any kind may be brought to any of the Center programs.
- Physical or verbal violence will not be tolerated. A suspension may be given depending on the occurrence.

- Wear comfortable, non-revealing clothing.
- Be prepared for the weather – make sure to wear hats and gloves as we are outside at times in the winter, etc.
- If you have a problem or need help with something, tell a staff member.
- When riding in Center vehicles, you must wear a seat belt. Unwillingness to do so may result in you being unable to attend an activity.
- All members will need to meet the settings rule which includes being active in the community.
- Everyone will need to participate in safety drills.
- Please do not take things that do not belong to you.
- Let others make their own choices. It's good to be helpful but let others be successful in their own ways.

If you work at the enclaves, additional rules and expectations may apply specific to each location. These rules and expectations will be discussed with you during on-boarding and training at those locations.

Attendance

- We know that you will have sick days and will take days off for vacations and camp.
- If you are sick or need to take time off, please contact your supervisor and let them know you will be absent. If you do not show up for any of the programs and we have not received confirmation that you will be absent, we will contact you, residential staff/supervisors or parents/guardians as needed.
- There is no required amount of days that you will need to attend programming; however, if absences are occurring on a regular basis, this could affect keeping all of your hours at the enclave or at any of the three day habilitation programs.
- Because we have a waiting list, if you are not consistently attending on days you have signed up for, we do hold the right to reduce your days.
- If attendance becomes an issue, our supervisors and your interdisciplinary team will meet to discuss your options and possible decrease in your hours.

Suspensions

- It is rare that someone would be suspended from any of the programs; however, it does happen from time to time. If a behavior (listed below) is one that would warrant a suspension (as determined by the Team Leader, Integration Coordinator and or Program Director), how and when the suspension will occur will be discussed with the member, guardians and other stakeholders (residential staff) as needed.

- Fighting – verbally or physically
 - Or hurting others ie: biting, kicking, hitting, spitting on another person, etc
- Blatant disregard for safety for yourself or others
- Taking things that do not belong to you
 - This would include from your workplace (enclaves)
 - Depending on the individual companies' protocols on stealing, harsher consequences may follow
 - Property of Center
 - Property of peers or staff
- If you hurt another peer or team member, you may also be asked to go home for the remainder of the day.

Transition of Services

- As you progress in our programs, you and your team may decide that you would be better suited to transfer to another program ie: if you have been participating in dayhab but you and your team are looking for a more challenging program, you may transition to the ACE program.
- You may also choose to transition to an entirely different program (outside of Mainstream Living). If you choose to leave Center programming, we will help with that transition by doing the following upon your request:
 - Acquire a release of information to the new program in order to share information that is pertinent to your success at the new program. You can decline this option.
 - Contact at 30 days after the transition to ensure you and your family are receiving the necessary services. You can decline this option.

Termination of Services

- Center programs are voluntary services. You may terminate your services at any time.
- The need to continue or terminate services is discussed at your annual meeting. If you would like to discuss termination of services, you may also do so at any time.
- There may be situations in which we, as a provider, feel that we are unable to provide services to you. This may be for a number of reasons including but not limited to:

- Continued aggressions/physical force which creates an unsafe environment for you, your peers or staff members
- Continued decrease in participation
- Unable to secure funding
- Scheduling conflicts
- Moving out of service area
- Unable to secure transportation

Holidays

- All of the Center programs will be closed for the following holidays:
 - New Year's Day
 - Memorial Day
 - Fourth of July
 - Labor Day
 - Thanksgiving Day
 - Friday after Thanksgiving
 - Christmas Eve Day
 - Christmas Day
- The enclaves are sometimes closed over the Christmas holiday for a week or more. Your enclave supervisor will keep you updated on your work schedule depending on what each location/site needs.

Inclement Weather

- There will be days where bad weather will keep us from opening our enclaves or day programs. If we were to close for any reason, we will call each of you individually as soon as we are able to.
- There will also be days where we need to close early. We will contact you, your homes, guardians (when applicable) and ensure you are able to get home safely.

Additional Information

- We provide all transportation, using our company vehicles to and from activities.
- Fire drills – we will conduct fire and or tornado drills on a monthly basis. You will be required to participate in these drills (we will use the fire alarm/bell during such drills)

- The main Center building has six restrooms, all of which are handicapped-accessible.
- Smoking is not permitted inside the building. There is a designated smoking area on the north end of the main building. Smoke breaks are before 9:20a, over the noon hour and just prior to leaving for the day (around 2:45p).
- Good communication is expected from you, any care providers, guardians and case managers in order to ensure that your needs are being met to the best of our ability.
- We value choice at Mainstream; however, if there is a recurring theme of problems occurring during certain activities/outings/with certain people, we reserve the right to let you know that you may not be able to participate in a certain activity/outing. Should such an occurrence arise, it will also be discussed with you and your interdisciplinary team.

Contact Information

CENTER Contacts:

Amber Schaefer – Program Director

- 515-232-8405 ext 255
- aschaefer@mainstreamliving.org

Steve Gehlsen – Integration Coordinator

- 515-232-8405 ext 504
- sgehlsen@mainstreamliving.org

Sarah Kepner – Team Leader

- 515-232-8405 ext 259
- skepner@mainstreamliving.org

Andrea Hernandez – Assistant Team Leader

- 515-232-8405 ext 262
- ahernandez@mainstreamliving.org

Ashley Pool – Assistant Team Leader

- 515-232-8405 ext 501
- Ashley.pool@mainstreamliving.org

Kris Eastman – Vice President of HCBS

- 515-232-8405 ext 241
- keastman@mainstreamliving.org

The Center's fax – 515-232-8448

- If you are going to be absent from day habilitation or ACE, please call the absence line. We ask that you not leave a message about a schedule change with Steve, Sarah or Amber as we cannot guarantee the message will get to the staff team members in a timely manner (if we are absent, in a meeting, etc).
- If someone at the main office (515-232-8405) answers the phone, ask for extension 252.
- DanFoss – 13th St – Billy Kearney, Jeff Franklin – 956-5016 (will answer after 8:30a)
- HACH – Kent Meier, Edward Morris – 515-290-7374 (will answer after 8:30a)

Addresses:

- **Center (Dayhab and ACE are at this location):** 1200 McCormick Ave Ames, IA 50010
- **DanFoss:** 2800 E 13th St Ames, IA 50010
- **HACH:** 100 Dayton Ave Ames, IA 50010
- **Mainstream Administrative Building:** 2012 E 13th St Ames, IA 50010
- **Mailing Address for all programs:** 2012 E 13th St Ames, IA 50010

Additional Contacts:

Transportation:

- Ambassador – 515-729-9985
- HIRTA – 1-877-686-0029

ARC of Story County – (Special Olympics, Monday Bowling League, classes, dances, etc) - 515- 232-9330

Updated: 12.9.13 – SG, AG, AS
11.14 – AVS
7.15 – AVS
1.14.16 – AVS
12.19.17 – AS
6.1.18 - AP